

# Newhall Nursery - Winter Menu 2023 - Week 1

## Option 1

Homemade Salmon Fish Cakes served with Wholemeal Pasta Salad & Cucumber Sticks

Mild Beef Burrito served with Mexican Rice & Sweetcorn

Chicken & Vegetable Casserole served with Roast Potatoes Seasonal Fresh Vegetables & Gravy

Beef Bolognese served with Spaghetti & Garden Peas

MSC Fish Fingers served with New Potatoes & Baked Beans

## Option 2

Chickpea, Pepper & Tomato Pasta served with Cucumber Sticks

Mild Bean Burrito served with Mexican Rice & Sweetcorn

Vegetable & Bean Casserole served with Roast Potatoes Seasonal Fresh Vegetables & Gravy

Vegetable & Lentil Bolognese Served with Spaghetti & Garden Peas

Cheese, Red Onion & Cherry Tomato Tart served with New Potatoes & Baked Beans

## Dessert

Fruit Platter

Fruit Platter

Fruit Platter

Fruit Platter

Fruit Platter

## Tea

Baked Beans on Toast

Jacket Potato served with Tuna Mayonnaise

A Selection of Wraps

Cheese on Toast

A Selection of Sandwiches

## Dessert

Greek Yoghurt with Honey

Greek Yoghurt with Honey

Greek Yoghurt with Honey

Greek Yoghurt with Honey

Greek Yoghurt with Honey

Week Commencing - 30th October, 20th November, 11th December, 15th January, 5th February, 4th March, 25th March



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**

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# Newhall Nursery - Winter Menu 2023 - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese served with Homemade Garlic Bread & Mixed Salad	Mild Beef Chilli served with Basmati Rice & Homemade Nachos	Roast Chicken with Sage & Onion Stuffing served with Roast Potatoes, Seasonal Vegetables & Gravy	Ashlyns Beef Burger served with New Potatoes & Baked Beans	MSC Battered Cod served with New Potatoes & Garden Peas
Option 2	Cous Cous & Chickpea Stuffed Peppers, served with Mixed Salad	Mild Rainbow Vegetable & Bean Chilli served with Basmati Rice & Homemade Nachos	Cheddar Cheese & Onion Wholemeal Quiche served with Roast Potatoes and Seasonal Vegetables	Meat Free Burger served with New Potatoes & Baked Beans	Sweet Potato, Red Pepper & Lentil Risotto served with Garden Peas
Dessert	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Tea	Jacket Potato with Baked Beans	Cheese & Tomato Pizza	A Selection of Wraps	Spaghetti Hoops on Toast	A Selection of Sandwiches
Dessert	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey

Week commencing - 6th November, 27th November, 18th December, 22nd January, 12th February, 11th March,



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# Newhall Nursery – Winter Menu 2023 – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Pasta Bake served with Mixed Salad	Ashlyns Beef Meat Balls in a Sweet Tomato Sauce Served with Roasted Vegetable Cous Cous	Savoury Minced Beef in a Yorkshire Pudding served with Mashed Potatoes, Seasonal Vegetables & Gravy	Chicken Tikka Masala served with Wholemeal Rice & Green Beans	MSC Fish Fingers served with New Potatoes & Garden Peas
Option 2	Cheese and Tomato Pasta Bake served with Mixed Salad	Chickpea & Aubergine Tagine served with Roasted Vegetable Cous Cous	Savoury Minced Quorn in a Yorkshire Pudding served with Mashed Potatoes, Seasonal Vegetables & Gravy	Chickpea, Red Pepper & Vegetable Balti served with Wholemeal Rice, Green Beans	Cheddar Cheese Omelette served with New Potatoes and Garden Peas
Dessert	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Tea	Jacket Potato with Tuna Mayonnaise	A Selection of Wraps	Cheese & Tomato Pizza	Baked Beans on Toast	A Selection of Sandwiches
Dessert	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey	Greek Yoghurt with Honey

Week commencing - 13th November, 4th December, 8th January, 29th January, 26th February, 18th March



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